



Spanaway Lake Sentinels Lake Monsters Summer Baseball Program



Hello potential Sentinel baseball players,

For the upcoming summer, we will be offering an extensive training opportunity for all incoming 8th graders and returning Sentinel baseball players. This two month program will introduce new players to the ins and outs of the high school program, offer them with the attention they need to improve their skills, and provide training needed to make the high school team in the Spring. Coached by the Spanaway Lake High School coaching staff, your player will be able to make an early impression and learn what it means to be a Sentinel Baseball player.

The team will practice and play all home games at Spanaway Lake High School. Transportation to games off site will need to be provided by the players and families.

This is not a typical summer team that goes to multiple tournaments or plays every game to win. This is an instructional program. We play seven-inning games, where all innings are six batters or less (three outs or six batters), coaches can instruct during games, players play multiple positions and there are multiple substitutions. There is more of a focus on learning and improving than there is on winning and losing.

The fee to play is **\$150.00**. The fee covers umpires, field maintenance costs (chalk, paint, etc). two dry-fit uniform tops and a hat.

The team will have 12-15 practices and then 10-15 games and an end of the year tournament that will be at Spanaway Lake High School.

Those interested can register and pay on our website: www.spanawaylakebbc.com

JUNE 2019						
2	3	4	5 PRACTICE 5-7PM	6 PRACTICE 5-7PM	7	8
9	10 PRACTICE 5-7PM	11 PRACTICE 5-7PM	12	13 PRACTICE 2:45-5:30	14	15
16	17 PRACTICE 2:45-5:30	18 PRACTICE 2:45-5:30	19	20 PRACTICE 5-7PM	21	22
23	24 PRACTICE 5-7PM	25 PRACTICE 5-7PM	26 @ EATONVILLE 6PM	27 PRACTICE 5-7PM	28 EATONVILLE 6PM SLHS	29
30						
JULY 2019						
	1	2	3	4	5	6 @ ELMA HS NOON/2PM
7	8 PRACTICE 5-7PM	9 PRACTICE 5-7PM	10 ORTING 6PM SLHS	11 PRACTICE 5-7PM	12	13
14	15 PRACTICE 5-7PM	16	17 @ STEILACOOM 6PM	18 STEILACOOM 6PM SLHS	19	20
21	22 EATONVILLE 6PM SLHS	23	24 @ EATONVILLE 6PM	25	26	27 END OF SEASON TOURNAMENT SLHS
28	29 PRACTICE 5-7PM	30 PRACTICE 5-7PM	31			